

The St. Thomas Christian Formation program seeks to create an environment where both young and old may develop and enrich their faith through education and encounter Jesus Christ in a way that will change us for life.



St. Thomas involves youth deeply in church at every available level. Through worship, music, youth groups, outreach opportunities, and regional and national Episcopal events, youth can benefit from being a part of many different communities, learning from people of all ages ... from people who are like them and from people who are quite different.



Read more about the youth of St. Thomas on our website: www.stthomasmedina.org, under "Youth."

If you have any questions about our programs, would like to help out, or would like to receive emails about upcoming events for youth, please contact:

Brian Gregory
Associate for Youth Ministries
425-454-9541
brian@stthomasmedina.org



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Youth @ st. thomas



2011-2012





Youth in the Eucharist

Participation in our weekly liturgy is primary faith formation. Youth are invited to become acolytes or lectors; those 16 or older can become lay Eucharistic ministers. For more information on acolytes, email **Jan Wang** at jan@thewangfamily.us. To become a lector or lay Eucharistic minister, email **Brian Gregory** at brian@stthomasmedina.org.

Baptism and Confirmation

St. Thomas youth can prepare for baptism through sponsorship by their fellow youth group members and/or godparents. Confirmation is also an option on a case-by-case basis. Youth who are interested in baptism or confirmation can contact **Brian Gregory**.

Regional Events

Several times a year, youth attend JYC (Junior high Youth Conference) or HYC (High school Youth Conference), weekend events for young Episcopalians from all over Western Washington. We also hold several events per year involving Episcopal youth groups from around the Eastside, including an annual fellowship event with Bishop Greg Rickel.

Youth Groups

Youth in grades 6-8 and grades 9-12 meet most Sunday afternoons from 4:00 to 6:00 p.m. Youth can develop friendships, deepen their faith, hone their leadership skills, play crazy games, and engage in service projects. These two hours once a week can serve as a retreat from a busy world of homework and family expectations, giving youth a special place simply to be themselves. Special events also take place throughout the year.



Youth Pilgrimages

Each year, St. Thomas youth have gone on pilgrimage to build friendships and learn about the wider world. In 2011, we made our second trip to the Skagit Valley to work with migrant farmers and their families. Past pilgrimages have also gone to El Salvador.



Camp Huston

Our diocesan retreat center in the Cascades offers unforgettable summer camp experiences. Learn more at the Camp Huston website: www.huston.org.